PSY 566
Clinical Practice of Marriage and Family and Individual Therapy
Dr. Richardson, Dr Ron Mumbower, Spring 2011

Course Description:

This course is intended to prepare first-year students to enter clinical practice of marriage and family therapy and individual counseling. The course will focus on family, couple and individual intervention methods as presented in Structural, Strategic, Guerinian and Internal Family Systems models of therapy.

Course objectives:

At the conclusion of the course students should have:

1. A working knowledge of Structural, Strategic, Guerinian and Internal Family Systems conceptual frameworks for the conduct of therapy,
2. A basic model for individual, marital, and family clinical assessment,
3. An acquaintance with a wide range of intervention strategies stemming from the conceptual frameworks enumerated, above.
4. Experienced in-class demonstration and practice of techniques derived from the conceptual frameworks enumerated, above.

Course Content:

1. Students will examine structural and strategic models of family and marriage therapy, attending especially to theory, process of therapy, the role of the therapist and the relation of the models.

2. The marital assessment and treatment model developed by Phillip Guerin, et. al., will be presented; assessment and treatment of each conflict stage will receive focused attention.

3. Consideration of systemic counseling methods applicable to individual clients (as well as larger systems) will be accomplished via readings, class discussion and experience of the Internal Family Systems Therapy model.

4. A range of interventions presented via reserve readings will be discussed and modeled.
Course requirements and grading:

1. Students will be required to complete in-class quizzes as per Course Assignment Schedule and distributed sample study questions. Quiz scores will constitute 20% of the course grade. Quizzes will not be comprehensive. No quiz scores will be dropped. Any one quiz may be retaken in an alternate version by week 11, Friday 4:00 pm.

2. Students will be required to complete reading reports as specified on the Course Assignment Schedule. These reports will constitute 20% of the course grade.

3. A final exam (covering all quiz and lecture material) will be given during final exam week and will constitute 20% of the course grade.

4. A final exam take-home essay (covering the Guerin text) will be distributed on week 10, due at the end of final Exam Week and will constitute 20% of the course grade.

5. Students will enter the Center for Marriage and Family Therapy during the second half of the Spring term in observation roles with designated second year student therapists. Students may participate in this course requirement from 2 - 5 hours every two-week period and will receive one hour of supervision of that clinical involvement each two weeks. A class meeting and handout will be designated to detail this experience.

6. Students will be required to view 3 recordings (according to Course Assignment Schedule) of the therapeutic process (TBEL) and write a 1 page reaction to each. This project will constitute 20% of the course grade.

7. Additional assignments and readings may be required.

Readings:

Aponte & Van Duesen [reserve article from Handbook of family therapy, vol I.]


Madanes [reserve article from Handbook of family therapy, vol II.]

Nichols, M. & Schwartz, R. Family therapy, (either of 2 most recent additions) Boston: Allyn and Bacon.


# COURSE ASSIGNMENT SCHEDULE:

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<thead>
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<th>Week</th>
<th>Date</th>
<th>Quiz</th>
<th>Summaries</th>
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* Letters indicate texts as follows:
  
  N – Nichols
  G – Guerin & Fay
  S, IFS – Schwartz,

** Unique meeting TBA coordinated by Dr. Mumbower

*** R = Richardson, M = Mumbower