

Advanced Therapy Skills

PSY503
Reformed Theological Seminary

Spring 2008
2 Hours

Prerequisite: Admission to the MAC program

Tuesday 2:00 - 4:00

instructor

J. Coffield, Ph.D.

course description

Students learn about treatment processes developed from additional treatment models and develop more advanced helping skills. Particular attention is given to interpersonal processes in counseling. Students practice skills under professional supervision.

class format

Advanced instruction in counseling strategies as applied to the clinical setting will be explored. Emphasis on counselor development and interpersonal processes will be covered. Common presenting problems (depression, anxiety etc.) will be emphasized. Areas of specialization, termination issues, transference, counter-transference and resistance will be addressed.

course objectives

At the completion of the course a successful student will be able to ...

- 1) Identify potential areas of specialization within the field of counseling.
- 2) Articulate personal developmental strategies as counselor and recognize personal strengths and weaknesses in clinical setting.
- 3) articulate treatment considerations in the areas of depression, anxiety and sexual abuse.
- 4) explore the therapeutic process of relational (interpersonal) counseling theory.
- 5) recognize and process the relational dynamics present interpersonally, clinically and within community.

texts

Interpersonal Process in Psychotherapy: A Relational Approach (Hardcover)

by [Edward Teyber](#)

Publisher: Wadsworth Publishing; 4 edition (October 13, 1999)

ISBN-10: 0534362958

ISBN-13: 978-0534362959

The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse

by [Dan B. Allender](#)

Publisher Navpress 1995

ISBN-10: 0891092897

ISBN-13: 978-0891092896

The Gift of Therapy (optional)

by Irvin Yalom

Publisher: Piatkus Books; New Ed edition (February 27, 2003)

ISBN-10: 0749923733

ISBN-13: 978-0749923730

requirements

Reading	30%
Journal	15%
Participation & attendance	20%
Group project	20%
Specialization paper	15%