

## PSY519 Psychopathology

Reformed Theological Seminary–Orlando  
Wednesdays, 1:00 p.m. – 4:00 p.m., 3 hours  
Fall Semester, 2009  
Instructor: Scott Coupland, Ph.D.  
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### PURPOSE

The purpose of this course is to introduce you to the study of abnormal behavior based mainly on a psychological approach and nomenclature defined by the DSM-IV-TR. We will be exploring an integrated and multidimensional perspective of maladaptive behavior patterns and their current treatment modes. It is hoped each student will discover a clearer perspective on the problems of definition and classification of abnormal behaviors. In addition, you are encouraged to examine the relationship of sin and psychopathology based on a Christian worldview.

### OBJECTIVES

At the completion of this course, students should demonstrate the following competencies:

1. Understand and articulate the accepted nomenclature of psychological problems and disorders as conceptualized by the DSM-IV-TR.
2. Identify various ways of obtaining information necessary to make diagnoses.
3. Describe the process one uses to make differential diagnoses.
4. Use the DSM-IV-TR to make accurate multiaxial diagnoses, either from written clinical summaries, videotape interviews, or real-life interviews.
5. Understand the multiple causes of psychopathology and discern the appropriate treatment recommendations.
6. Discuss some of the concerns people have about the use of psychiatric diagnoses and medications, and some possible responses to those concerns.
7. Consider the role of the church and how it is or is not addressing mental health issues.
8. Exemplify a commitment to the reality of a Christian worldview in discussing the relationship of sin and psychopathology.
9. Articulate a personal understanding of abnormal behavior based on a Christian worldview.
10. Understand emotional and psychological suffering with compassion, spiritual maturity, and familiarity with the current scientific evidence.
11. Know the basic classifications, indications, and contraindications of commonly prescribed psychopharmacological medications so that appropriate referrals can be made for medication evaluations, and identifying effects and side effects of such medications.

### LEARNING FORMAT

Lecture, weekly reading, videotaped interviews, movie clips, case study review, and class discussion.

### REQUIRED TEXTS

1. American Psychiatric Association. (2000). *Diagnostic and statistical manual of mental disorders text revision, fourth edition, text revision*. Washington, D.C: Author.

- Oltmanns, T. F., Martin, M. T., Neale, J. M., & Davison, G. C. (2006). *Case Studies in Abnormal Psychology*, 7<sup>th</sup> ed., Hoboken, NJ: John Wiley.
- Yarhouse, M. A., Butman, R. E., & McRay, B. W. (2005). *Modern psychopathologies: A comprehensive Christian Appraisal*. Downers Grove, IL: Intervarsity.

### RECOMMENDED READING

- Durand, V. M., & Barlow, D. H. (2006). *Essentials of abnormal psychology* (4<sup>th</sup> ed.). Pacific Grove, CA: Wadsworth.
- Rohrer, G. (2005). *Mental health in literature: Literacy, lunacy, and lucidity*. Chicago: Lyceum.

### COURSE REQUIREMENTS

- Take Home Exams.

There will be two (2) take home mid-term exams and a take home final. Each exam will cover the assigned readings and class lectures, and will be cumulative. You are free to use your lecture notes, the DSM-IV-TR, and any other written resources you deem helpful. However, this is an **individual** project—you may not consult with any other person. The exams will consist of several brief case histories from which you will make appropriate DSM-IV-TR multi-axial diagnoses (answers will be in a multiple choice format).

- Weekly Quizzes

There will be a weekly quiz given the last 10 minutes of each class beginning on September 4 and ending November 27. The quizzes will be based on the required reading for the lecture topic being covered in class that day, and the material covered in the class that day. The quizzes will consist of 5 multiple choice questions, and each quiz is worth 10 points. If you are not satisfied with your quiz grade, you may retake the same quiz during the 10 minute period prior to the next class. The lowest quiz grade will be dropped. There is no make up permitted for missed quizzes.

### COURSE SCHEDULE AND READING ASSIGNMENTS

<u>Week</u>	<u>Date</u>	<u>Topic</u>	<u>Reading Assignment</u>
1	8/26	Introduction to Abnormal Behavior Introduction to the DSM-IV-TR	Y., B., & M., Ch. 1-4 DSM IV pp. xxiii-xxxvii, 1-37, 743 D. & B., Ch. 1, pp. 1-7; Ch. 2; Ch. 3, pp. 68-89
2	9/2	Mood Disorders	Y., B., & M., Ch. 6 DSM IV pp. 345-428 R., Ch. 5 O., M., N., D., Ch. 7, 8 D. & B., Ch. 6, pp. 194- 232

3	9/9	Anxiety Disorders	Y., B., & M., Ch. 5 DSM IV pp. 429-484 O., M., N., D., Ch. 2, 4 D. & B., Ch. 6, pp. 232-239; Ch. 4
4	9/16	Adjustment Disorders, and Post-Traumatic Stress Disorder	Y., B., & M., Ch. 5 DSM IV pp. 679-683, 463-472, 731-736 O., M., N., D., Ch. 1, 3 D. & B., Ch. 4
<b>Take home midterm 1 distributed</b>			
5	9/23	Somatoform and Dissociative Disorders	Y., B., & M., Ch. 8 DSM IV pp. 485-511, 519-533 O., M., N., D., Ch. 6 D. & B., Ch. 5
<b>Take home midterm 1 due at beginning of class</b>			
6	9/30	Eating Disorders	Y., B., & M., Ch. 8 DSM IV pp. 583-595 O., M., N., D., Ch. 16, 17 D. & B., Ch. 8
7	10/7	Sexual and Gender Identity Disorders	Y., B., & M., Ch. 11 DSM IV pp. 535-582 O., M., N., D., Ch. 13, 14, 15; D. & B., Ch. 9
8	10/14	No class, reading week	
9	10/21	Schizophrenia and Psychotic Disorders	Y., B., & M., Ch. 9 DSM IV pp. 297-343 O., M., N., D., Ch. 10, 11 D. & B., Ch. 12
10	10/28	Personality Disorders	Y., B., & M., Ch. 10 DSM IV pp. 685-729 O., M., N., D., Ch. 18, 20 D. & B., Ch. 11
11	11/4	Personality Disorders	Y., B., & M., Ch. 10 DSM IV pp. 685-729 O., M., N., D., Ch. 19 D. & B., Ch. 11
<b>Take home midterm 2 distributed</b>			

- 12      11/11    Disorders of Childhood and Adolescence      *Y., B., & M.*, Ch. 12  
*DSM IV* pp. 39-134  
*O., M., N., D.*, Ch. 21, 22,  
23  
*D. & B.*, Ch. 13

**Take home midterm 2 due at beginning of class**

- 13      11/18    Substance Abuse and Other Addictive Disorders      *Y., B., & M.*, Ch. 7  
*DSM IV* pp. 191-295  
*O., M., N., D.*, Ch. 12  
*D. & B.*, Ch. 10

- 14      11/25    No class, Thanksgiving

- 15      12/2      Psychopharmacology for Counselors      *D. & B.*, pp. 41-50

**Take home final exam distributed**

- 12/9    **Take home final exam due December 9, 2009 in the Scott Coupland's mailbox by 5 pm.**

GRADING SCALE

Listed below are the assignments that will determine your final course grade.

2 Mid-term Exams (at 80 points each)	160 points
1 Final Exam	90 points
<u>Quizzes</u>	<u>100 points</u>
Total Points	350 points

A = 340-350	B- = 301-309	D+ = 263-272
A- = 329-339	C+ = 291-300	D = 252-262
B+ = 319-328	C = 280-290	D- = 245-251
B = 308-318	C- = 273-279	F = 244 points and below

ACADEMIC STANDARDS

If you should miss a class, you are expected to contact another student regarding the information covered.

All exams are due on the date specified in the syllabus. For each day an exam is late, 10 points will be deducted from the score of the assignment.

Plagiarism/cheating will result in the failure of the course.