



EMPOWERING CHURCH LEADERS IN SOUL CARE

Jim Coffield & Scott Coupland
January 19-23, 2009
2DM842 Elective

Course Description:

Often, the most exhausting, time consuming, and mysterious aspect of a church leader's ministry is counseling or soul care. This course will provide a framework for understanding people, problems, and an incarnational model for helping people find true hope and healing by honestly struggling with sin through the power of the Gospel. Topics addressed will include addictions, sexuality, depression, anxiety, loneliness, etc. The class will utilize lecture and small group formats, including skills practice in supervised triad groups and with a volunteer client.

Course Instructors: Jim Coffield, Ph.D., Scott Coupland, Ph.D.



Dr. Jim Coffield is an Associate Professor of Counseling and the clinical director of the M.A. in counseling degree program at Reformed Theological Seminary Orlando. He received his Ph.D. from the University of

Tennessee in counseling psychology. He is a licensed Psychologist. Dr. Coffield brings a wide variety of teaching and clinical experiences. His clinical experience includes private practice counseling, college counseling centers, church based counseling centers and hospital settings. He enjoys the classroom and brings 25 years of teaching experience including under-graduate and graduate students in public educational settings, small private colleges and seminaries. His research interests include adoption, narrative psychology and counselor training. He has been married to Mona for 25 years and they have two children, Skylar (20) and Pearce (18).

Dr. Scott Coupland is an Associate Professor of Counseling and Academic Director of the M.A. in Counseling degree program at Reformed Theological Seminary in Orlando. He received



master's degrees from Friends University and Colorado Christian University, and a Ph.D. in marriage and family therapy from Texas Tech University. His teaching at RTS is enriched by more than sixteen years of clinical experience in medical school, hospital, university, church, and private practice settings. He has authored articles published in several professional journals such as the Journal of Marriage and Family Therapy and the Journal of Psychology and Christianity. He is a clinical member and approved supervisor of the American Association for Marriage and Family Therapy, and as a licensed marriage and family therapist he maintains an active private practice. He has been married to Joan for 18 years and they have two children, Brynne (17) and Cami (15).

Course Requirements:

Attendance and participation in all classes is required. This course includes lecture, discussion, small group interaction, and skills practice in triad groups and with a volunteer client.

Reading reports are due January 19, 2009 (the first day of class). Students must read 2000 pages of new material (not previously read) and write a one-page standard report (following the reading report form) on each book or article read over 50 pages. If a book listed under Required Reading has been previously read, the student may substitute readings listed under Recommended Reading for a comparable number of pages.

A 5-7 page paper is due by 5:00 p.m., March 20 on the topic "My Theology of How People Change." This paper should be based on the readings, and class material and experiences. (Please do a cover sheet, number pages and staple top left corner.)

Each student will conduct a counseling session with a volunteer client on the final day of class. This session will be recorded on DVD (a blank DVD will be provided) and this session will be reviewed with feedback offered by one of the professors on either March 23 or 24 (note: dates subject to change). A 2 page self-assessment of this counseling session will be due at the time of the feedback session. The criteria of the assessment will be based on biblical theological and counseling skill categories discussed in class.

Required Reading...if not previously read

Choose 2000 pages of new reading from the following list and write a one-page standard book review on each book or article over 50 pages. (See report guideline below).

To Be Told: Know Your Story, Shape Your Future, Dan B. Allender. Colorado Springs, CO: Waterbrook Press, 2005, 227 p.

The Healing Path: How the Hurts in Your Past Can Lead You to a More Abundant Life, Dan B. Allender. Colorado Springs, CO: WaterBrook Press, 1999, 259 p.

What Is Wrong With Us? The Question at the Heart of the Counseling Debate, Dan Allender. Mars Hill Review 4, Winter/Spring, 1996, 10 p. Available at <http://www.leaderu.org/marshall/mhr04/wrong1.html>.

Telling Secrets, Frederick Buechner. San Francisco, CA: Harper, 1991, 106 p.

False Intimacy: Understanding the Struggle of Sexual Addiction, Harry Schaumburg. Colorado: NavPress, 1997, 247 p.

The Emotionally Healthy Church: A Strategy for Discipleship that Actually Changes Lives, Peter Scazzero & Warren Bird. Grand Rapids: Zondervan, 2003, 223 p.

The Last Addiction: Own Your Desire, Live Beyond Recovery, Find Lasting Freedom, Sharon Hersh. Colorado Springs, CO: Waterbrook Press, 2008, 240 p.

Recommended Reading... *to complete your 2000 pages of new reading.*

Stumbling Toward: My Longing to Heal from the Evil that God Allowed, Renee Alston. Grand Rapids, MI: Zondervan, 2004, 192 p.

Foundations for Soul Care: A Christian Psychology Proposal, Eric L. Johnson. Downers Grove, IL: InterVarsity Press, 2007, 716 p.

Healing the Wounds of Sexual Addiction, Mark Laaser. Grand Rapids, MI: Zondervan, 2004, 240 p.

The Pornography Trap: Setting Pastors and Laypersons Free from Sexual Addiction, Mark Laaser and Ralph Earle. Kansas City, KS: Beacon Hill, 2002, 144 p.

The Beautiful Risk, James H. Olthius. Grand Rapids, MI: Zondervan, 2001, 252 p.

The Psychology of Paul, James R. Beck. Grand Rapids: Kregel, 2002, 296 p.

Walk On: Life, Loss, Trust, and Other Realities, John Goldingay. Grand Rapids: Baker, 2002, 200 p.

Soulcraft: How God Shapes Us Through Relationships, Douglas D. Webster. InterVarsity Press, 1999, 228 p.

Spiritual Mentoring: A Guide for Seeking and Giving Direction, Keith R. Anderson and Randy D. Reese. InterVarsity Press, 1999, 191 p.

The Contemplative Pastor: Returning to the Art of Spiritual Direction, Eugene H. Peterson. Grand Rapids, MI: Wm. B. Eerdmans, 1993, 171 p.

The Care of Souls: Revisioning Christian Nurture and Counsel, David G. Benner. Grand Rapids: Baker, 1998. 252 p.

Soul Talk: The Language God Longs for Us to Speak, Lawrence J. Crabb. Nashville, TN: Integrity Publishers, 2003, 266 p.

Finding God, Lawrence J. Crabb. Grand Rapids, MI: Zondervan Pub. House, 1993, 217 p.

The Way of the Heart: Connecting with God through Prayer, Wisdom, and Silence, Henri Nouwen. New York, NY: Seabury Press, 1981, 96 p.

Ministry in the Image of God: The Trinitarian Shape of Christian Service, Stephen A. Seamands. Downers Grove, IL: InterVarsity Press, 2005, 189 p.

Waking the Dead: The Glory of a Heart Fully Alive, John Eldredge. Nashville, TN: Thomas Nelson, 2003, 244 p.

The Healing Presence: Curing the Soul through Union with Christ, Leanne Payne. Crossway Books, 1989, 236 p.

READING REPORT GUIDELINE

Your Name
Course Title & Number
Date Completed

Title of Book
Complete Bibliographic Reference

Overview—Give a brief overview of the book, including its theme, perspective and approach.

Critique—Offer a brief critique of the book, including elements of strength and weakness.

Application—Offer some specific application to your own ministry— demonstrating the value and relevance of the material in this book.

Best Quote—Be sure to include the page number where the quote can be found.

The cover sheet should include your name, course, list of books & pages read. Total pages, sign, and staple (top left) to your combined reading reports.