Introduction to Spiritual Formation (Spring 2010)

I. Purpose of the Course

This course is designed to give students an introductory overview of the dynamics involved in the formation of mature character in the life of the Christian leader. The thesis of the course is that a Christian leader must lead from character before skill. This course will help students: 1) Develop a theological approach to spiritual growth and renewal (Sanctification); and, 2) Experience the transforming power of the gospel through applying theological truths related to the Gospel of God’s grace to their lives and ministries. Special focus will be placed on the application of the practical theology of English Puritans (1550–1700) such as John Owen and Richard Baxter.

II. Course Objectives

A Mind for Truth: Deepening Your Understanding

• To understand and articulate a biblical theology of personal, spiritual growth and renewal, especially as it relates to the centrality of the Gospel.
• To understand the biblical imperative for personal holiness and the priority of ongoing spiritual growth and renewal in the life of the church leader today.
• To understand the biblical nature of the Gospel’s transforming power, especially as it relates to the fulfillment of the Great Commission to “make disciples of all nations”.
• To understand, evaluate critically and appreciate various principles, methods and models used today to help people grow spiritually.
• To be acquainted with the extensive literature relating to personal, spiritual growth and renewal and to be able to think biblically and critically about how it can be used properly and effectively in the student’s life and ministry.

A Heart for God: Transforming Your Affections

• To experience personal, spiritual growth and renewal through the transforming power of the Gospel.
• To diagnose and repent from the core idols (sin beneath the sin) that draw the student’s heart affections away from Christ.
• To appropriate the transforming pardon and power of the Gospel of Jesus Christ through setting the student’s heart affections on Him alone by faith.
• To show love for God and others by loving God’s Law, obeying it by God’s grace and allowing it to lead the student to Jesus Christ for transformation into His image.
• To practice spiritual disciplines (such as meditating on Scripture, prayer, journaling, fasting, witnessing, etc.) as a means of setting the student’s heart affection on Christ.
• To have a heartfelt burden and lifelong commitment to pray and work for a local, national and global spiritual awakening through multiplying churches that are multiplying disciples through the power of the Gospel.
• To be used by God as an agent of personal, spiritual growth and renewal in the lives of others.

A Life for Ministry: Developing Your Behaviors

• To lay a strong foundation for future studies in the dynamics of how the Gospel brings spiritual growth and renewal both personally and corporately.
• To lay a strong foundation for the practical development of church based ministries of spiritual growth and renewal, especially for those planning to be church planters, pastors and missionaries.

• To obtain a set of criteria for evaluating spiritual growth and renewal principles, methods, materials, programs and trends.

III. Course Format

This course is scheduled to be taught in 13 three-hour classroom sessions beginning Tuesday, February 2, 2010, and ending Tuesday, May 11, 2010. Class will NOT meet on March 23rd for Spring Break. Classroom sessions may include: lecture (including guest lecturers), class interaction, student reports and presentations, video presentations, self-study exercises, motivation activities, and small group sharing. Occasionally, individual and small group work sessions may be conducted during the class time. Group study outside of class is strongly encouraged, including preparation for the final exam.

Office Hours: You can schedule an appointment with me through my administrative assistant, Joyce Sisler, at 407-366-9493 x219 or jsisler@rts.edu. Appointments are usually scheduled by Joyce for Tuesdays from 1:15 p.m. - 3:15 p.m. My teaching assistant, Edwin Collado, can be reached at 786-325-8665 and/or centraledwin4@hotmail.com

IV. Course Texts

Required:
Articles for this reader will be handed out during class throughout the semester.
__________, Knowing God, Downers Grove, IL InterVarsity Press. Chapters 15, 18, 19. (55pp)

For other spiritual formation resources, please see the Course Bibliography which is attached near the end of this document.

V. Course Requirements

A. Attendance and Class Participation

This course requires attendance and participation. Class lectures and discussions will be based on the assumption that you have completed all of the assigned readings.

Note: Class will begin promptly at 9:00 AM. Tardiness, unexcused absence and/or lack of class participation will significantly impact the final grade.
B. Spiritual Formation Reading & Reports

You are required to read thoughtfully (not simply skim) the following books and articles in their entirety, and submit a report on each book by the date indicated:

1. *Renewal as a Way of Life* by Richard Lovelace (206 pp)   
   February 23, 2010
2. *The Way of Holiness* by Kenneth Prior (166 pp)   
   March 16, 2010
3. Excerpts from *Knowing God* by J. I. Packer   
   (Chapters 15, 18 and, 19 from above book)   
   April 20, 2010
4. Excerpts from *The Quest for Godliness* by J. I. Packer   
   (Chapters 2-4, 7, 10-16, 19 from above book)   
   April 20, 2010
5. *Rediscovering Holiness* by J. I. Packer (276 pp)***   
   May 11, 2010
6. *Spiritual Formation Reader: Miscellaneous Articles*   
   Final Exam Question

For each book above, students are required to write a one-page reading report in the style and format of the *Reading Report Form* in this syllabus. The excerpted readings from Packer’s *Knowing God* and *The Quest for Godliness* should be treated as one (1) book report.

For the *Spiritual Formation Reader Articles* (#6 above), there will be a question on the Final Exam from one or more of the *Spiritual Reader Articles*. These articles will be passed out in class. They will be referenced throughout the lectures and are critical for a complete understanding of the course content.

Reports not turned in *before the start of class* on the due dates will be considered late.

Particular articles will be assigned each week in preparation for the following week’s in-class discussion. These articles are designed to help the student interact with the major course theses. Each week the students are to be prepared to share a summary of their deepened understanding, heart reaction and behavioral application resulting from careful interaction with the article topic. These summaries will not be collected; however, individual responses may be included in the “Miscellanies” Journal (described below).

***One copy of Packer’s *Rediscovering Holiness* is on reserve in the RTS Orlando library. Additional copies may be borrowed (or purchased) from the teaching assistant.

C. Spiritual Formation Groups and Gospel Promise Presentations

Each student will participate in the development and presentation of two “Gospel Promise” Presentations. These presentations will include the topics below (15- 20 minutes):

- April 13, 2010  *Election*
- April 13, 2010  *Propitiation*
- April 20, 2010  *Justification*
- April 20, 2010  *Adoption*
- April 27, 2010  *Regeneration*
- April 27, 2010  *Redemption*
- May 4, 2010  *Sanctification*
- May 4, 2010  *Glorification*
D. “Miscellanies” Journal and Spiritual Retreat Report

Miscellanies Journal – Each student will record their ideas/thoughts about spiritual growth/formation as a result of the in-class discussions/presentations, the course readings, and one’s own devotions and meditations. This journal must include at least one “Sabbath” entry per week but may include additional entries if the student wishes. These “Miscellanies” will be turned in at the end of the course and will be graded based on thoughtful integration of all course lectures, discussions and materials. It should include tri-perspectival (head, heart and behavior) application.

Spiritual Retreat and Spiritual Retreat Report – The student will set aside a minimum of 4 hours (one morning, afternoon or evening), following class #7 (March 16) and before class #13 (May 4), to be alone with God for the purpose of focused spiritual reflection, evaluation, scripture meditation and prayer in light of the biblical concepts studied in the course regarding the transforming power of the Gospel. The student is encouraged to see this time as an example of how a Christian leader makes time for ordering his/her private world in the face of many competing time demands. A minimum one page, typed Spiritual Retreat Report, recording a) how the retreat was conducted and b) key insights gained, is due on the last day of class, May 11. Students will be encouraged to share their retreat insights with the class during the course.

E. Integration Paper

Integration Paper: Students are required to write a 15-20 page (double-spaced, 12 point font) course integration paper. This paper must reflect new work done by the student as a result of this course. The paper must demonstrate the student’s theology of Christian growth and show how the concepts learned in the class lectures AND course readings can be applied to the student’s personal life and ministry to others today. The paper must also include a specific plan for the student’s continued growth (spiritual formation plan) and application of the course concepts to his/her personal life and ministry to others in the future. The integration paper is due no later than May 14, 5PM (paper deadline).

F. Spiritual Formation Portfolio

Students are required to assemble all their course work into an organized, single resource that is due (in designated box near Joyce Sisler’s desk) the final day of exam week. The goal is for students to have a resource that can be easily accessed and utilized during their future ministries. Each entry must be dated on or before the due date of the assignment to get the full credit for that assignment (honor system). Each portfolio must be organized according to the requirements below and include every assignment to receive full credit. These portfolios will be returned to you after grading. Note: Please make sure this document is well organized and that no items are missing. Please feel free to use post-it notes to make clarifying comments for the grader.

SPIRITUAL FORMATION PORTFOLIO REQUIREMENTS

1. Cover Page (Course name & your name)
2. Outline (List categories below with dates where appropriate)
3. Class Notes
   a) Syllabus
   b) Hard copy of ALL course notes
   c) Typed or legible handwritten notes on class lectures (dated)
   d) Electronic copy of class lecture slides and videos (optional)
4. Reading Reports
a) *Renewal as a Way of Life* by Richard Lovelace  
   February 23, 2010
b) *The Way of Holiness* by Kenneth Prior  
   March 16, 2010
c) Excerpts from *Knowing God* by J. I. Packer  
   April 20, 2010
d) Excerpts from *The Quest for Godliness* by J. I. Packer  
   April 20, 2010
e) *Rediscovering Holiness* by J. I. Packer  
   May 11, 2010
f) *Spiritual Formation Reader*: Miscellaneous Articles  
   Final Exam Question

5. Spiritual Retreat Report
6. Miscellany Journal
7. Gospel Promise Presentations
   a) All 8 presentations (Dated. Students will distribute all presentations)
   b) Notes on group discussions (Dated)
8. Spiritual Formation Integration Paper
9. Report Page
   Percentage of course material read
   Perceived grade earned
VI. Grading

Grades will be assigned according to the RTS grading system: 100-97=A, 96-94=A-, 93-91=B+, 90-88=B, 87-86=B-, 85-83=C+, 82-80=C, 79-78=C-, 77-75=D+, 74-72=D, 71-70=D-, below 70=F.

Late Assignments and Class Attendance Policy

Please do not ask my teaching assistant or me for permission to turn in an assignment late. All late assignments will automatically be penalized. If you have truly been providentially hindered from completing an assignment on time (such as a death in the immediate family), turn in a written request (to my teaching assistant) asking to wave the late penalty with the assignment. Please discuss any such special circumstances with my teaching assistant. Under any circumstances, no assignments will be received after May 20. (last day of finals)

This course affirms that community growth and learning are fundamental components of Spiritual Formation. Therefore, class attendance and group participation is essential for the completion of this course. Lack of attendance and/or participation will significantly impact the final grade.

Course Grades will be determined as follows:

• Spiritual Formation Reading and Reports (20%)
• Gospel Promise Presentations (20%)
• Miscellanies Journal and Spiritual Retreat Report (20%)
• Course Integration Paper (40%)
READING REPORT GUIDELINES

Please limit your report to one typed, single-spaced page, and one paragraph per topic (Overview, Critique, Application).

Title of Book
Complete Bibliographic Reference

Overview—Give a brief overview of the book, including its theme, perspective and approach.

Critique—Offer a brief critique of the book, including elements of strength and weakness.

Application—Offer some specific application to your own ministry—demonstrating the value and relevance of the material in this book.

Best Quote—Be sure to include the page number where the quote can be found.

Did you read the entire book thoughtfully (not merely skimmed)? Yes ___ No ___ % Read (0-100) ___
Course Bibliography

Required:
Childers, Steven L., ed., *Introduction to Spiritual Formation: A Reader*, 2005. Articles for this reader will be handed out during class throughout the semester.
__________, *Knowing God*, Downers Grove, IL InterVarsity Press. Chapters 15, 18, 19. (55pp)

Highly Recommended Reading:
Baxter, Richard
Lovelace, Richard
Packer, J.I.
Ryle, J.C.

Recommended Reading:
Alexander, Archibald
1967 *Thoughts on Religious Experience*. Banner of Truth.
Baxter, Richard
Berkouwer, G.C.
Bonar, Horatius
* Words to Winners of Souls* (Read especially chapter four, Ministerial Confession)
Bridges, Jerry

Brooks, Thomas
Precious Remedies Against Satan’s Devices. Banner of Truth, reprint.

Bunyan, John
Grace Abounding to the Chief of Sinners.
The Pilgrim’s Progress.
The Holy War

Calvin, John
The Institutes of Christian Religion. (Read especially Book Three: The Way in Which We Receive the Grace of Christ, Chapters VI–X).

Chalmers, Thomas

Chappell, Bryan

Charnock, Stephen

Childers, Steven L.

Curtis, Brent, and John Eldredge
1997  The Sacred Romance. Thomas Nelson.

Demarest, Bruce
1999  Satisfy Your Soul. NavPress

Edwards, Jonathan

Eldridge, John,

Ferguson, Sinclair B.

Fisher, Edward
The Marrow of Modern Divinity. Presbyterian Board of Pub., n.d.

Flavel, John
Foster, Richard
1978 Celebration of Discipline

Foster, Richard, and Emilie Griffin

Gurnall, William

Hockema, Anthony A.

Hughes, R. Kent

Keller, Timothy J.

Lewis, Peter

Lloyd-Jones, D. Martyn


Londgaard, Kris

Luther, Martin
The Preface to Martin Luther’s Commentary on Galatians.


MacDonald, Gordon

Marshall, Walter

McGrath, Alister E.

Miller, John C. (Jack)
1986 Outgrowing the Ingrown Church. Grand Rapids, MI: Ministry Resource Library. (Read especially The Ingrown Leader, The Pastor as Pacesetter, and Preaching by Faith)

Miller, Rose Marie

Morris, Leon
1983 The Atonement: Its Meaning and Significance. IVP.

Murray, John

Newton, John  

Owen, John  

Packer, J.I.  

Piper, John  

Powlison, David  

Ryken, Leland  
1986  *Worldly Saints: The Puritans as They Really Were*. Zondervan.

Schaeffer, Francis A.  

Stott, John R.W.  
1986  *The Cross of Christ*. Downers Grove, IL, InterVarsity. (Especially chapter 7–*The Salvation of Sinners* and the Conclusion–*The Pervasive Influence of the Cross*.)

Toon, Peter  


Wallace, Ronald  
1957  *Calvin’s Doctrine of the Word and Sacrament*. Eerdmans.

Watson, Thomas  

Welch, Edward T.  
1997  When People are Big and God is Small. Presbyterian & Reformed.

Whitney, Donald S.  

Willard, Dallas  


Winslow, Octavius  
Confidential Student Information
Please fill out and turn in at the first class.

Name:

Spouse name:

Children, name(s) and age(s):

RTS degree program/emphasis:

Years at RTS-Orlando:

Church presently attending:

Denomination background (Southern Baptist, PCA, etc.):

Desired future ministry role (pastor, church planter, missionary, counselor, etc.):

What are your expectations of the course? What would you like to learn?

What is a specific, personal prayer request you would like the professor to be remembering in prayer for you this semester?