Course Description:

1PSY 573 is a basic introduction course to counseling for sexual issues. Students are introduced to a theology of sexuality, a basic model of addressing sexual issues in counseling, basics of sexual biology and psychology, sexual development, sexual dysfunction, and basic intervention techniques for sexual problems. Students are also challenged in their own growth and development in this area.

In addition to being a class in the MFT program at RTS, this is the foundational course for the Institute for Sexual Wholeness. It is a required introductory course before students are allowed to register for any of the three intermediate courses or four advanced courses. http://sexualwholeness.com/isw

Additionally, PSY 573 meets half of the educational requirements for certification as a Clinical Sexual Addiction Specialist through the American Association of Certified Christian Sexual Addiction Specialists. http://www.sexaddictioncertification.org/

Professors:

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Michael Sytsma, Ph.D.  
Work: 770-822-4505  
Cell: 678-521-1037  
Email:michael@intimatemarriage.org

Course Goals:

1. To encourage and assist each student in understanding and becoming comfortable with their own sexuality, as they integrate a Biblical sexual theology into their lives and counseling practice.

2. To create an in-depth understanding of sexual biology, psychology and Biblical values, as desensitization takes place so that each student is at ease talking and counseling in the sexual area of personality and relationships.

3. To impart an understanding of common sexual questions, myths and problems, as basic therapeutic answers and interventions are developed with the ability to diagnose, treat and strategically refer when needed.
Course Textbooks and Articles:
NOTE: Some of the reading for this course does not come from a specifically Christian perspective. Some of it may be inconsistent with the statement of beliefs for PSI and the Institute for Sexual Wholeness. This reading is required because it is representative of the thought in the field of sex therapy and sexology. Time will be spent in class discussing the reading and critiquing it from a Biblical Christian perspective that is in line with the stated theology of PSI and ISW.


The following articles and chapters are also required reading for this course. Students can download these chapters from the ISW website. Go to http://www.sexualwholeness.com/rts for more information.


Course Packet – In addition to the above texts and articles, students will purchase a handout packet for the course. Packet will be available for online purchase and download through the ISW website at: http://www.sexualwholeness.com/rts. This packet contains the slides used in teaching as well as additional course material constituting over 140 pages. Students will be able to print the packet or bring it to class in electronic form. Packet is optional, but highly recommended.

Class Schedule*

10/17  Hyde test on Rosenau chapters
10/18, 19 - 8:00 am – 5:00 pm (Rosenau)
11/7  Hurley on Theology of Sex
11/17  Hyde test on Sytsma chapters (1:00 pm)
11/18, 19 - 8:00 am – 5:00 pm (Sytsma)

Paper Due 10/18
Course Requirements and Grading:

1. Class Attendance: Attendance is crucial, not just for the content, but to get the value of different professors and viewpoints. Students will loose 5% of their final grade for every hour of class missed for any reason. Exceptions to this must be approved by Dr. Hurley before class.

2. Students are expected to have completed reading assignments before coming to class. Readings in Hyde will be evaluated by a multiple choice exam to be given the day before the professor lectures. Other reading assignments will be evaluated by self-report. The percentage of those readings completed will determine the grade.

3. Exams. Students will complete two exams over Hyde texts.

4. Sexual Integration Paper: Two-part paper which will encourage personal growth and integration of Biblical values. Paper will be detailed in another handout.

Class Outline:
Dr. Rosenau - October 18 -19

Hyde, Chapters: 4-6, 10-12, 20; Rosenau (2002) Chap’s: 1, 2, 13-14, 19 -21, 26 - 29; Rosenau & Wilson (2012) Chap’s 1-5, 9-11, 13-14; DEC-R article; Healing the Wounds of Sexual Addiction (2004) Chap’s 1-4, 8-10

I. Introduction
   A. Course Details
   B. Toward an integrated Theology of Sex
      1. Sex as God-reflective
      2. Scriptural integration
   C. DEC-R Introduction
      1. Introduction to the DEC-R
      2. Common Sexual Myths
      3. Personal development of the Sex Counselor
      4. Guidelines for Sexual Integrity in the Clinical Sett

II. Dialogue
   A. Language in sex therapy
   B. Anatomy and Sexual functioning
   C. Assessment in Sex therapy
      1. Sexual history taking
      2. Self-report questionnaires

III. Education
   A. Sexual Education
   B. Sexuality across the life-span (Developmental sexuality)
      3. Developmental Sexuality
      4. Single sexuality
      5. Sex and aging
   C. Gender and gender myths
   D. Sexual identity and orientation
   E. Extramarital Affairs
IV. Coaching
   A. An Intro to Sexual Addiction

Dr. Hurley – November 7
   Theology of Sex

Dr. Sytsma – October 18-19
   Hyde Chapters: 7-9, 16, 19; Rosenau (2002) Chapters 4-8, 10-12, 15-18, 22-25, Sytsma article

I. Introduction
   A. Yada sex
   B. Culture, the Church and sex

III. Education – cont.
   F. Toward a Biblical view of Birth Control
   G. Infertility
   D. Sexual Behaviors and Values Clarification

IV. Coaching, Cont.
   E. Atypical Sexuality
      1. Paraphillias/Fetishes
      2. Segrue Model
      3. Assessing dysfunctional behaviors
   F. Models of Sexual Response
   G. Sexual Dysfunction
      1. DSM Diagnoses
      2. Basic Sex Therapy interventions
      3. Intro to treating male issues
      4. Intro to treating female issues
      5. Intro to desire issues

V. Referral

VI. Conclusion
Course: 1PSY573 Sexuality and Sex Therapy  
Professor: James Hurley  
Campus: Jackson  
Date: 1/24/12

<table>
<thead>
<tr>
<th>MAMFTC Student Learning Outcomes</th>
<th>Rubric</th>
<th>Mini-Justification</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Completion of Curriculum Requirements</strong></td>
<td>Strong</td>
<td>This course is a requirement of the curriculum</td>
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<tr>
<td>Completion of the required 67 semester hours, 500 hours of client contact (including a minimum of 250 hours with two or more clients present), and 100 hours of MS/AAMFT approved supervision (including a minimum of 50 hours with two or fewer supervisees present) serves as our baseline for graduate students to become competent marriage and family therapists.</td>
<td>Moderate</td>
<td>This course if required for LPC and LMFT licensure</td>
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<tr>
<td><strong>Licensure Requirements</strong></td>
<td>Strong</td>
<td>Sexuality and sex therapy are central to marriage and the concepts underlying them critical in therapy</td>
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<tr>
<td>Fulfillment of pre-MA licensure requirements for the State of Mississippi as set forth in the Rules and Regulations of the Mississippi Board of Examiners in Social Workers and Marriage and Family Therapists.</td>
<td>Strong</td>
<td>The course looks at individual development in sexual areas and the role of sexuality in relationships</td>
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<tr>
<td><strong>Theoretical/Philosophical Concepts</strong></td>
<td>Strong</td>
<td>Sex therapy is a central part of the course and to the concurrent clinical practice of students</td>
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<tr>
<td>Understand the theoretical and philosophical concepts underlying marriage and family therapy</td>
<td>Moderate</td>
<td>Professional and ethical issues receive attention throughout the course, especially in areas of practice within limits of professional competency</td>
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<tr>
<td><strong>Individual Development/Family Relations</strong></td>
<td>Strong</td>
<td>The texts are filled with current research information and treatment of sexual matters brings it directly into student clinical practice</td>
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<td>Gain an understanding of individual development and family relations</td>
<td>Strong</td>
<td>Sexual orientation/attraction is a major area of diversity studies in therapy</td>
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<tr>
<td><strong>Clinical Knowledge</strong></td>
<td>Strong</td>
<td>Worldview issues are laced throughout the course and specific major lecture blocks devoted to the relation of the course material to</td>
</tr>
<tr>
<td>Achieve the ability to understand and to apply clinical knowledge effectively</td>
<td>Moderate</td>
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<td><strong>Professional Identity &amp; Ethics/Ethical Conduct</strong></td>
<td>Moderate</td>
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<tr>
<td>Form a professional identity and awareness of ethics and ethical conduct</td>
<td>Strong</td>
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<tr>
<td><strong>Integration</strong></td>
<td>Strong</td>
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<tr>
<td>Integrate research and clinical skills and knowledge</td>
<td>Moderate</td>
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<tr>
<td><strong>Contemporary Culture</strong></td>
<td>Strong</td>
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<tr>
<td>Develop an understanding of diversity issues in contemporary culture (e.g. gender, age, socioeconomic status, culture, race, ethnicity, sexual orientation, religion, basic philosophical worldviews)</td>
<td>Strong</td>
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<tr>
<td><strong>Biblical Worldview</strong></td>
<td>Strong</td>
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<tr>
<td>Develop an understanding of a biblical worldview and skills to bring to bear in relation to the field of marriage and family therapy</td>
<td>Moderate</td>
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biblical teaching and to a biblical worldview