



EMPOWERING CHURCH LEADERS IN SOUL CARE

Jim Coffield & Scott Coupland

July 18-22, 2011

2DM842 Elective

Course Description

Often, the most exhausting, time consuming, and mysterious aspect of a church leader's ministry is counseling or soul care. This course will provide a framework for understanding people, problems, and an incarnational model for helping people find true hope and healing by honestly struggling with sin through the power of the Gospel. Topics addressed will include addictions, sexuality, depression, anxiety, and loneliness. The class will utilize lecture and small group formats, including skills practice in supervised triad groups and with a volunteer client.

Course Instructors: Jim Coffield, Ph.D., Scott Coupland, Ph.D.



Dr. Jim Coffield came to RTS full-time in 2003 after serving as a professor at other educational institutions. His background includes working within the church as a youth pastor and counselor, and in educational settings as a teacher and basketball coach. He presently serves as an Associate Professor of Counseling and the clinical director of the M.A. in Counseling degree program. He received his Ph.D. from the University of Tennessee in counseling psychology, and is a licensed psychologist. Dr. Coffield brings a wide variety of teaching and clinical experiences. His clinical experience includes counseling in private practice, college, church-based, and hospital settings. He enjoys the classroom and brings over twenty years of teaching experience. His teaching reflects his love of story and humor. His research and clinical interests include adoption, special needs children, narrative psychology, and counselor training. He is married to Mona, and they have two sons, Skylar and Pearce.

Dr. Scott Coupland has been at RTS since 1999. His counseling career began in 1989 after spending a number years as a cowboy and then a restaurant manager. He presently serves as an Associate Professor of Counseling and the Academic Director of the M.A. in Counseling degree program. After earning two master's degrees he then completed a Ph.D. in marriage and family therapy from Texas Tech University. His teaching at RTS is enriched by clinical experience in medical school, hospital, university, and church settings. He has authored articles published in several professional journals. He is a clinical member and approved supervisor of the American Association for Marriage and Family Therapy. As a licensed marriage and family therapist he maintains an active private practice. His wife, Joan, is a physician and they have two daughters, Brynne and Cami. He is an avid scuba diver and saltwater aquarist.



Course Requirements:

- **Attendance** and participation in all classes is required. This course includes lecture, discussion, small group interaction, and skills practice in triad groups and with a volunteer client.
- Students must **read 2000 pages of new material**. If a book listed under Required Reading has been previously read, the student may substitute readings listed under Recommended Reading for a comparable number of pages. Reading reports are due by July 18, 2011 (the first day of class). The reading summary and reports are now included in one Word document and must be emailed to jsisler@rts.edu by the due date. Please save your document as LastName.SoulCare.RR (Reading Reports).

Guide of Summary Sheet

READING REPORTS
Your Name
Course Title & Number
Professor/s
Date Completed

List books read

Author	Title	#Pages Read
---------------	--------------	--------------------

Total Number Pages Read: _____

Insert page break and follow with one-page report per book.

1

Guide for one-page book reports

Title of Book
Complete Bibliographic Reference

Overview—Give a brief overview of the book, including its theme, perspective and approach.

Critique—Offer a brief critique of the book, including elements of strength and weakness.

Application—Offer some specific application to your own ministry—demonstrating the value and relevance of the material in this book.

Best Quote—Be sure to include the page number where the quote can be found.
Insert page break and follow with each report.

2 (and following)

- **A 5-7 page paper is due by 4:00 p.m., October 7 on the topic “My Theology of How People Change.”** This paper should be based on the readings, class material, and experiences. (Please do a cover sheet, number pages and email a Word document to jsisler@rts.edu). Save as Lastname.SoulCare.IP (Integration Paper)
- **Each student will conduct a counseling session with a volunteer client on the final day of class. This session will be recorded on DVD-R. Please bring a blank DVD-R** for this session (in a case with your name on the label). This session will be reviewed with feedback offered by one of the professors during the week of October 10-14 either in person, by Skype, or phone. DVDs should be returned to Joyce Sisler by September 30 so they can be reviewed prior to the feedback session.
 - **A 2-page self-assessment of this counseling session will be due at the time of the feedback session.** The criteria of the assessment will be based on biblical theological and counseling skill categories discussed in class. Save as Lastname.SoulCare.SA (self-assessment)

Required Reading:

To Be Told: Know Your Story, Shape Your Future, Dan B. Allender. Colorado Springs, CO: Waterbrook Press, 2005, 227p. 9781578569489

The Healing Path: How the Hurts in Your Past Can Lead You to a More Abundant Life, Dan B. Allender. WaterBrook Press, 1999, 259p. 9781578563913

What Is Wrong With Us? The Question at the Heart of the Counseling Debate, Dan Allender. Mars Hill Review 4, Winter/Spring, 1996, 10 p. Available at <http://www.leaderu.org/marshall/mhr04/wrong1.html>.

Telling Secrets, Frederick Buechner. Harper, 1991, 106p. 9780060609368

False Intimacy: Understanding the Struggle of Sexual Addiction, Harry Schaumburg. NavPress, 1997, 247p. 9781576830284

The Pastor As Minor Poet: Texts and Subtexts in the Ministerial Life, M. Craig Barnes, 2008, 138p. 9780802829627

The Last Addiction: Own Your Desire, Live Beyond Recovery, Find Lasting Freedom, Sharon Hersh. Waterbrook Press, 2008, 240p. 9780877882039

Recommended Reading... *if needed to complete your 2000 pages of new reading and for further reading on the subject.*

Grounded in the Living Word: The Old Testament and Pastoral Care Practices, Denise Dombkowski Hopkins & Michael S. Koppel, 2010, 290p. 9780802863683

The Emotionally Healthy Church: A Strategy for Discipleship that Actually Changes Lives, Peter Scazzero & Warren Bird. Zondervan, 2003, 223p. 9780310246541

- Foundations for Soul Care: A Christian Psychology Proposal*, Eric L. Johnson. InterVarsity Press, 2007, 716 p. 9780830825673
- Healing the Wounds of Sexual Addiction*, Mark Laaser. Zondervan, 2004, 240 p. 9780310256571
- Stumbling Toward: My Longing to Heal from the Evil that God Allowed*, Renee Alston. Zondervan, 2004, 192 p.
- The Pornography Trap: Setting Pastors and Laypersons Free from Sexual Addiction*, Mark Laaser and Ralph Earle. Beacon Hill, 2002, 144 p. 9780834119383
- The Beautiful Risk*, James H. Olthius. Zondervan, 2001, 252 p. 9780310234296
- The Psychology of Paul*, James R. Beck. Kregel, 2002, 296 p. 9780825420498
- Walk On: Life, Loss, Trust, and Other Realities*, John Goldingay. Baker, 2002, 200 p. 9780801024658
- Soulcraft: How God Shapes Us Through Relationships*, Douglas D. Webster. InterVarsity Press, 1999, 228p. 9781573833677
- Spiritual Mentoring: A Guide for Seeking and Giving Direction*, Keith R. Anderson and Randy D. Reese. InterVarsity Press, 1999, 191 p. 9780830822102
- The Contemplative Pastor: Returning to the Art of Spiritual Direction*, Eugene H. Peterson. Wm. B. Eerdmans, 1993, 171 p. 9780802801142
- The Care of Souls: Revisioning Christian Nurture and Counsel*, David G. Benner. Baker, 1998. 252 p. 9780801090639
- Soul Talk: The Language God Longs for Us to Speak*, Lawrence J. Crabb. Integrity Publishers, 2003, 266 p. 9781591453475
- Finding God*, Lawrence J. Crabb. Grand Rapids, MI: Zondervan Publishing House, 1993, 217 p. 9780310205449
- The Way of the Heart: Connecting with God through Prayer, Wisdom, and Silence*, Henri Nouwen. New York, NY: Seabury Press, 1981, 96 p. 9780345463357
- Ministry in the Image of God: The Trinitarian Shape of Christian Service*, Stephen A Seamands. InterVarsity Press, 2005, 189 p. 9780830833382
- Waking the Dead: The Glory of a Heart Fully Alive*, John Eldredge. Thomas Nelson, 2003, 244 p. 9780785265535
- The Healing Presence: Curing the Soul through Union with Christ*, Leanne Payne. Crossway Books, 1989, 236 p. 9780801053481