Advanced Therapy Skills

PSY503          Spring 2012

Prerequisite: Admission to the MAC program
Thursdays 1:00 – 2:00

instructor
J. Coffield, Ph.D.

course description
Students learn about treatment processes developed from additional treatment models and develop more advanced helping skills. Particular attention is given to interpersonal processes in counseling. Students practice skills under professional supervision.

class format
Advanced instruction in counseling strategies as applied to the clinical setting will be explored. Emphasis on counselor development and interpersonal processes will be covered. Common presenting problems (depression, anxiety etc.) will be emphasized. Areas of specialization, termination issues, transference, counter-transference and resistance will be addressed.

course objectives
At the completion of the course a successful student will be able to …

1) Identify potential areas of specialization within the field of counseling.
2) Articulate personal developmental strategies as counselor and recognize personal strengths and weaknesses in clinical setting.
3) Articulate treatment considerations in the areas of depression, anxiety and sexual abuse.
4) Explore the therapeutic process of relational (interpersonal) counseling theory.
5) Recognize and process the relational dynamics present interpersonally, clinically and within community.

texts
Interpersonal Process in Psychotherapy: A Relational Approach (Hardcover)
by Edward Teyber
Publisher: Wadsworth Publishing; 4 edition (October 13, 1999) any addition okay

The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse
by Dan B. Allender
Publisher: Navpress 1995

The Gift of Therapy (optional)
by Irvin Yalom
Publisher: Piatkus Books; New Ed edition (February 27, 2003)
requirements
Reading 50%
Journal 15%
Participation & attendance 20%
Specialization paper 15%

schedule

2/02 Introduction
2/09 NO CLASS
2/16 Depression Anxiety
2/23 Anxiety
3/01 Sexual Abuse (read Allender prior to class 2/14)
3/08 Sexual Abuse
3/15 Teyber – chapters 1 & 2
3/22 Teyber – chap 3
3/29 NO CLASS
4/5 Teyber – chap 4
4/12 Teyber – chap 5
4/19 Teyber – chaps 6 & 7
4/26 Teyber – chap 8 (journal check)
5/03 Teyber – chap 9
5/10 Teyber – chap 10 (paper due)
# Course Objectives Related to MAC Student Learning Outcomes

**Course:** Advanced Therapy Skills  PSY 503  
**Professor:** Coffield  
**Campus:** Orlando  
**Date:**

In order to measure the success of the MAC curriculum, RTS has defined the following as the intended outcomes of the student learning process. Each course contributes to these overall outcomes. This rubric shows the contribution of this course to the MAC outcomes.

<table>
<thead>
<tr>
<th>MAC Student Learning Outcomes</th>
<th>Rubric</th>
<th>Mini-Justification</th>
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<tbody>
<tr>
<td><strong>Articulation</strong> (oral &amp; written)</td>
<td>Broadly understands and articulates knowledge, both oral and written, of essential biblical, theological, historical, and cultural/global information, including details, concepts, and frameworks.</td>
<td>Minimal</td>
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<tr>
<td><strong>Scripture</strong></td>
<td>Significant knowledge of the original meaning of Scripture. Also, the concepts for and skill to research further into the original meaning of Scripture and to apply Scripture to a variety of modern circumstances. (Includes appropriate use of original languages and hermeneutics; and integrates theological, historical, and cultural/global perspectives.)</td>
<td>Moderate</td>
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<tr>
<td><strong>Reformed Theology</strong></td>
<td>Significant knowledge of Reformed theology and practice, with emphasis on the Westminster Standards.</td>
<td>None</td>
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<td><strong>Sanctification</strong></td>
<td>Demonstrates a love for the Triune God that aids the student’s sanctification.</td>
<td>Minimal</td>
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<tr>
<td><strong>Desire for Worldview</strong></td>
<td>Burning desire to conform all of life to the Word of God.</td>
<td>Moderate</td>
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<tr>
<td><strong>Winsomely Reformed</strong></td>
<td>Embraces a winsomely Reformed ethos. (Includes an appropriate ecumenical spirit with other Christians, especially Evangelicals; a concern to present the Gospel in a God-honoring manner to non-Christians; and a truth-in-love attitude in disagreements.)</td>
<td>None</td>
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<tr>
<td><strong>Preach</strong></td>
<td>Ability to preach and teach the meaning of Scripture to both heart and mind with clarity and enthusiasm.</td>
<td>None</td>
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<tr>
<td><strong>Worship</strong></td>
<td>Knowledgeable of historic and modern Christian-worship forms; and ability to construct and skill to lead a worship service.</td>
<td>None</td>
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<tr>
<td><strong>Shepherd</strong></td>
<td>Ability to shepherd the local congregation: aiding in spiritual maturity; promoting use of gifts and callings; and encouraging a concern for non-Christians, both in America and worldwide.</td>
<td>Strong</td>
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<tr>
<td><strong>Church/World</strong></td>
<td>Ability to interact within a denominational context, within the broader worldwide church, and with significant public issues.</td>
<td>None</td>
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