ADDICTIONS: FINDING LASTING FREEDOM  
James Coffield, Scott Coupland & Sharon Hersh  
Doctor of Ministry Elective 2DM868  
January 28 – February 1, 2013

Course Description
This course provides a biblical and psychological framework for helping people find true hope and freedom from addictions through the power of the gospel. You will learn an incarnational model, biblical principles, and ministry skills that equip you to come alongside people and allow them to struggle honestly with their addictions. Topics addressed will include various addictions, sexuality, depression, anxiety, fear, and loneliness. The class will utilize lecture and small group formats, including supervised practical skills development.

Course Instructors
Dr. Jim Coffield serves as an Associate Professor of Counseling and the Clinical Director of the M.A. in Counseling degree program at RTS-Orlando. He received his Ph.D. from the University of Tennessee in counseling psychology and is a licensed psychologist. His background includes working within the church as a counselor and youth pastor (and basketball coach) and serving as a professor of counseling at other educational institutions. Dr. Coffield’s clinical experience includes counseling in private practice, college, church-based, and hospital settings. Drawing from more than twenty years of teaching experience, he enjoys the classroom, in which he is known for reflecting his love of story and humor. He is married to Mona and has two sons, Skylar and Pearce.

Dr. Scott Coupland serves as an Associate Professor of Counseling and the Academic Director of the M.A. in Counseling degree program at RTS-Orlando. After earning two masters degrees he completed a Ph.D. in marriage and family therapy from Texas Tech University. His background includes clinical experience in medical school, hospital, university, and church settings. He has published articles in several professional journals and is a member of the American Association for Marriage and Family Therapy. As a licensed marriage and family therapist he maintains an active private practice. His wife, Joan, is a physician, and they have two daughters, Brynne and Cami. He is an avid scuba diver and saltwater aquarist.

Sharon Hersh is a licensed professional counselor, author, speaker, teacher, and a certified life coach. She earned a Masters of Arts in Counseling from Colorado Christian University. Her active private counseling practice has an emphasis in the areas of addiction, relationships, adolescents and personal transformation. She is the author of several books, including The Last Addiction, Begin Again-Believe Again, Bravehearts and five parenting books. She is a frequent speaker and teacher at universities, seminaries,
conferences, and retreats. Also she regularly hosts *Beyond Addiction Conferences*. She is the Director of *Women’s Recovery & Renewal*, a retreat ministry to struggling women and their caregivers. She lives in Lone Tree, Colorado, loves to travel, read, listen to music, and spend time with her friends.

**Course Objectives**

Through class assignments, students will demonstrate the following:

- Understanding of the problems of substance abuse including major signs and symptoms and appropriate methods of assessment, while uncovering personal assumptions and approaches in treating addictive behaviors.
- Knowledge of various treatment modalities and applicability to specific addictions.
- Development of an integrated model for understanding addiction, using the Scriptures and current literature (class texts, other addiction literature, current research, film, etc.).
- Knowledge of treatment resources in the community for clients with substance abuse problems.

**Course Requirements**

I. **Reading Assignments & Reports**  
   A. There will be 2000 pages of new reading (not having been previously read by the student) assigned for the course from the “Required Reading” list below. If required reading texts cannot be found or have previously been read the student may substitute books from the ‘Recommended Reading” list below. All readings for the course must be taken directly from these two lists unless otherwise approved by the professor.

   B. Doctor of Ministry (credit) students are required to report each book using the standard *Reading Report* format available in this course syllabus. There is also a 1-page *Reading Report Summary* that must be turned in with all the *Reading Reports* (see example below). The *Reading Report Summary* and all the *Reading Reports* should be stapled and submitted on the first day of class. *Reading Reports* not turned in on the first day of class are to be turned in with the course integration paper on April 30, 2013. Students will receive a grade reduction for late *Reading Reports* unless otherwise approved by the professor. Non-credit (audit) students do not submit reports.

II. **Class Attendance and Participation**  
   A. This course follows the lecture, discussion and small group sharing methods requiring attendance and participation at all classes.

   B. Class lectures and group discussions will be based on the assumption that the student has completed the assigned readings and assignments given during the course. Occasionally, individual and small group work sessions will be conducted during class time. Students will be required to create, present and participate in class presentations.
III. Post-Class Integration Paper

A. Students are required to write a 15-20 page (double–spaced, 12 point font) course integration paper. This paper must reflect new work done by the student as a result of this course. This paper must demonstrate how the course readings, lectures, and discussions can be integrated/applied to the student’s life and ministry.

B. The integration paper is due (received hardcopy in the RTS D.Min. office) by April 30, 2013. All work must be typed and presented on paper by the due date. Note that no electronic papers will be accepted. The papers must be mailed to RTS D.Min Office, Attn: Joyce Sisler, 1231 Reformation Drive, Oviedo, FL 32765.

IV. Final Grade

Your final grade will be based on the following:

1. Reading Reports (25%)
2. Class Participation (25%)
3. Class Presentation (25%)
4. Integration Paper (25%)

Course Registration & Cancellation Policies

Students may register for the course during the four-week period of November 1, 2012 to December 1, 2012. Enrolled credit students may register online at https://selfservice.rts.edu/Home.aspx. Audit students may register by emailing the RTS-Orlando registrar, Lanny Conley, at Iconley@rts.edu.

IMPORTANT: If at least twelve (12) credit students are not enrolled by December 1, 2012, RTS will, regrettably, have to cancel the course. If the course must be cancelled, RTS will contact all registered students by December 5, 2012 and refund the registration and tuition fees. So students making travel and housing arrangements should wait until after December 5, 2012 to confirm reservations.
Course Readings

A. Required Reading: 2014 total pages


Dunnington, Kent. *Addiction and Virtue: Beyond the Models of Disease and Choice (Strategic Initiatives in Evangelical Theology)*, 194 pp. ISBN 9780830839018


Hersh, Sharon A. *The Last Addiction: Own Your Desire, Live Beyond Recovery, Find Lasting Freedom* by, 240 pp. ISBN 9780877882039


B. Recommended Reading:

*Sexual Addiction*

Patrick Carnes. *Don’t Call it Love* ISBN: 0-553-35138-9

*Memoirs*

Brennan Manning. *All is Grace*, ISBN: 9781434764188

*Spiritual*


*Co-Dependence*


Eating Addiction

Chemical Dependency

Kathrine Ketcham & Nicholas A Pace. *Teens Under the Influence*,

Milan and Katherine Ketcham. *Under the Influence*,

General


Cyber Addiction
# Course Objectives Related to DMin Student Learning Outcomes

Course: Addictions, 2DM868  
Professor: Jim Coffield, Scott Coupland and Sharon Hersh  
Campus: Orlando

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<th>DMin Student Learning Outcomes</th>
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| **Articulation (oral & written)** | Broadly understands and articulates knowledge, both oral and written, of essential biblical, theological, historical, and cultural/global information, including details, concepts, and frameworks. | Strong | 1. Student will write a report on each assigned book for the course.  
2. Student will write and submit an integration paper reflecting new work done by the student as a result of the course. |
| **Scripture** | Significant knowledge of the original meaning of Scripture. Also, the concepts for and skill to research further into the original meaning of Scripture and to apply Scripture to a variety of modern circumstances. (Includes appropriate use of original languages and hermeneutics; and integrates theological, historical, and cultural/global perspectives.) | Moderate | 1. Student does not engage with Scripture in the original languages.  
2. Student will learn to develop an integrated model for understanding addictions, using current literature and the Scriptures. |
| **Reformed Theology** | Significant knowledge of Reformed theology and practice, with emphasis on the Westminster Standards. | Minimal | 1. Student will be provided an incarnational model for helping people find healing and hope through the power of the Gospel. |
| **Sanctification** | Demonstrates a love for the Triune God that aids the student’s sanctification. | Strong | 1. Student must demonstrate that they understand the framework for understanding an incarnational model for helping people find true hope and healing through the power of the Gospel. |
| **Desire for Worldview** | Burning desire to conform all of life to the Word of God. | Strong | 1. Student will learn to develop an integrated model for understanding addictions, using current literature and the Scriptures. |
| **Winsomely Reformed** | Embraces a winsomely Reformed ethos. (Includes an appropriate ecumenical spirit with other Christians, especially Evangelicals; a concern to present the Gospel in a God-honoring manner to non-Christians; and a truth-in-love attitude in disagreements.) | Strong | 1. Student will read novels, addictions literature, and current research by authors that are not Reformed, and is shown the value of ecumenicalism. |
| **Preach** | Ability to preach and teach the meaning of Scripture to both heart and mind with clarity and enthusiasm. | N/A | |
| Worship | Knowledgeable of historic and modern Christian-worship forms; and ability to construct and skill to lead a worship service. | N/A |
| Shepherd | Ability to shepherd the local congregation: aiding in spiritual maturity; promoting use of gifts and callings; and encouraging a concern for non-Christians, both in America and worldwide. | Minimal |
| Church/World | Ability to interact within a denominational context, within the broader worldwide church, and with significant public issues. | Moderate |

Course Reading Report Forms

**Summary Sheet Guide**

**READING REPORTS**
- Your Name
- Course Title & Number
- Professor/s
- Date Completed

List books read
- Author
- Title
- #Pages Read

**Guide for one-page reading reports**

- **Title of Book**
- **Complete Bibliographic Reference**

- **Overview**—Give a brief overview of the book, including its theme, perspective and approach.

- **Critique**—Offer a brief critique of the book, including elements of strength and weakness.

- **Application**—Offer some specific application to your own ministry—demonstrating the value and relevance of the material in this book.

- **Best Quote**—Be sure to include the page number where the quote can be found. Insert page break and follow with each report.

1. Student will gain and understand of substance abuse problems, symptoms, and appropriate methods of assessment. Student will also be provided an incarnational model for helping people find true hope and healing through the power of the Gospel.

2. Student will learn about treatment resources in the community for clients with substance abuse problems.