PURPOSE

This course is designed to provide students with theoretical categories, conceptual schemas, and associated methodologies for organizing clinical and psychodiagnostic material that will be useful in the identification, understanding, and ultimate treatment of diagnosable mental states and disturbed functioning. The emphasis of the course will be on application of case conceptualization and intervention skills to treatment planning.

OBJECTIVES

As a result of participation in this course the student will:
1. Be sensitized to the necessity for careful and thoughtful review of clinical material in order to appreciate the complexity of psychological processes and psychopathology.
2. Obtain the theoretical, methodological, and technical background to appropriately assess diverse treatment populations.
3. Understand from presenting information and initial interactions how to hypothesize, diagnose, and apply appropriate intervention strategies.
4. Demonstrate functional usage of DSM-IV-TR.
5. Develop and demonstrate an understanding of the counseling process models and concepts.
6. Develop the skills necessary to analyze and synthesize clinical data for the purpose of intervening with clients in accordance with a treatment plan.
7. Be able to write effective treatment plans for specific DSM-IV-TR diagnoses.
8. Present a detailed written case review.
9. Understand and articulate an interpersonal process model of therapy.

LEARNING FORMAT

Lecture, group discussion, case studies, and class presentations

CLASS SCHEDULE

1/21 Theoretical categories for interpreting and understanding client problems
1/22 Counseling models, conceptual schemas and treatment planning
   Case studies: DSM-IV-TR diagnoses and treatment planning
1/23 Case studies: DSM-IV-TR diagnoses and treatment planning
1/24 Advanced therapy skills in relationally-oriented therapy
REQUIRED TEXTS


One of the following two books:


REQUIREMENTS

1. Complete the required reading. An electronic reading report will be completed and emailed to Dr. Coupland’s email.  
   **Due date: February 15, 2013**

2. Write a treatment plan for theoretical client according to the format presented in class.  
   **Due date: February 15, 2013 in electronic format to Dr. Coupland.**

3. Complete a case presentation of one of your clients from the Oviedo Counseling Clinic. This will involve an extensive write-up using the format given to you in class as well as a review of a recorded segment of your clinical work with the client. Each presentation will be 1 hour in length. Students will participate in the discussion of their peers presentations.  
   **Due date: Presentation dates will be assigned.**

4. Write a reaction and critique to Teyber & McClure, Chapter 9: The Interpersonal Solution. Three page minimum.  
   **Due date: February 15, 2013 in electronic format to Dr. Coupland.**

GRADING

The final course grade will be assigned according to the following schedule:

Required reading ....................................................... 20 points
Treatment plan .......................................................... 20 points
Case presentation ...................................................... 40 points
Reaction and critique paper ................................. 20 points
Total points ............................................................. 100 points

Course grades will be determined by adding points from the five progress notes, required reading, and critique and supervision assignments.
Grades will be based on the following scale:

- A = 97-100 points   B- = 86-87 points   D+ = 75-77 points
- A- = 94-96 points   C+ = 83-85 points   D = 72-74 points
- B+ = 93-91 points   C = 80-82 points    D- = 70-71 points
- B = 88-92 points    C- = 78-79 points   F = below 70 points

ACADEMIC STANDARDS

Classroom attendance and participation is required at all class sessions. If a student should miss any portion of class, it is expected he/she will contact another student regarding the information covered. It is the student’s responsibility to notify a professor if he/she cannot attend class. Unexcused absences will affect the student’s grades. If an emergency arises, please contact a professor as soon as possible.

All assignments will be due on the date specified in the syllabus. For each day an assignment is late, 5 points will be deducted from the total score.

The instructor reserves the right to modify the schedule and grading policy as needed.

APA format is required for all papers.