Office hours:  Tuesday 1:00 – 3:00 p.m.
       Wednesday 11:00 a.m. – 12:45 p.m.

Course Description

This course is designed to engage students in an examination of substance abuse and addiction and the impact on the individual as well as the dynamics of addiction in family systems. The course will include an understanding of addiction as well as an introduction to different models of counseling. Students will have an opportunity to explore specific addictions as well as develop an integrated approach to recovery that includes biological, psychological, and spiritual categories. Classes will be in seminar format and will include lectures, readings, film, and discussion.
Course Objectives

Through class assignments, students will demonstrate the following:

1. Understanding of the problems of substance abuse including major signs and symptoms and appropriate methods of assessment, while uncovering personal assumptions and style in treating substance abuse.
2. Knowledge of various treatment modalities and applicability to specific addictions.
3. Students will learn to develop an integrated model for understanding and treating addiction, using current literature (class texts, novels and other addiction literature, current research, film) and the Scriptures (including, but not limited to Romans 1:18-25, Ephesians 4:7-17, Exodus 13f).
4. Knowledge of treatment resources in the community for clients with substance abuse problems.
5. Students are asked to prepare a class presentation with an integrated treatment plan.

“It’s about the hole in the heart.”
-Addiction for Dummies

Course Content, Topics and Schedule

2/05/13 Course overview & syllabus review
The Evidence of Addiction
28 Days
Romans 1:18-25, Ephesians 4:7-17
Class Discussion

Come to class having read:
Addiction & Grace

2/12/13 The Energy of Addiction
The Experience of Addiction
Leaving Las Vegas
Luke 18:10-13
Class Discussion

Reflection Paper #1
due on personal assumptions about addiction. (See details below.)

2/19/13 Models of Treatment
The Path of Recovery & Renewal
Luke 3:8-9
BoomTown
Chocolat
Class Discussion

Come to class with:
A Sample Treatment Plan from Chemical Dependency Counseling or some other resource (including a 12-step program) to discuss the pros and cons in class.
<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Reading/Activity</th>
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<tbody>
<tr>
<td>2/16/13</td>
<td>The Biology of Addiction</td>
<td>Come to class with: A journal article due from the field on Gender &amp; Addictions to be shared with the class. (See details below).</td>
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<tr>
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<td>Men &amp; Addiction</td>
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<td>Women &amp; Addiction</td>
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<td>Flight</td>
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<td>When A Man Loves A Woman</td>
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<td>John 8:1-11</td>
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<td>Class Discussion</td>
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<td>3/05/13</td>
<td>The Addicted Family</td>
<td>Come to class having read:</td>
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<td>Adolescence &amp; Addiction</td>
<td>The Last Addiction</td>
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<td>Once Were Warriors</td>
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<td>Half-Baked</td>
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<td>Luke 18:27</td>
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<td>Class Discussion</td>
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<tr>
<td>3/12/13</td>
<td>The Addiction Counselor</td>
<td>Come to class having read:</td>
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<td>The Cycle of Addiction</td>
<td>The Twelve Steps</td>
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<td>For Everyone “Your inadequacy is your first qualification.”</td>
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<td>-John Gaynor Banks</td>
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<td>Nurse Jackie</td>
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<td>Matthew 23:25-26</td>
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<td>Class Discussion</td>
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<td>3/19/13</td>
<td>Free For All Discussion</td>
<td>Discuss Term Paper</td>
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<td>Holy Experiment: Practicing</td>
<td>Assignment: On Doing A Fourth Step</td>
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<td>The Presence of God</td>
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<td>-Mindfulness, Gratitude, Welcoming</td>
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<td>God into the Fourth Step</td>
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<td>1 Corinthians 10:31</td>
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<td>Class Discussion</td>
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<td>3/26/13</td>
<td>SPRING BREAK</td>
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<td>4/02/13</td>
<td>The Relentless Pursuit of Evil</td>
<td>Come to class having:</td>
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<td>Eating, Cutting and other Self-Destructive Addictions</td>
<td>Attended a 12-Step Meeting due. Share your experience.</td>
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<td>Perfect Illusions</td>
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<td>I Kings 18</td>
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<td></td>
<td>Class Discussion</td>
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</table>
4/09/13  Sexual Addictions  
*Internet Addictions*  
*Somebody’s Daughter*  
*I Am a Sex Addict*  
John 10:10; 1 Peter 5:8;  
Ephesians 6:10-17  
Class Discussion  

**Come to class with:**  
Reflection Paper #2 due:  
“The Land is Full of Idols”  
(see details below)

4/16/13  Gaming  
*Second Skin*  
2 Corinthians 2:11  
Class Discussion  

**Come to class having read:**  
The one required memoir  
and share with class.

4/23/13  Drug Addiction  
*Buzzed*  
*Blow*  
Romans 12:1-2  
Class Discussion  

4/30/13  Perfectionism and People Pleasing  
*Despicable Me*  
*Punch Drunk*  
*The Power of Vulnerability*  
Galatians  
Class Discussion  

**Come to class prepared to:**  
discuss Galatians how it addresses perfectionism and people-pleasing.

5/07/13  Responses to “On Doing A Fourth Step” (details below)  

5/14/13  Responses to “On Doing A Fourth Step” (details below)  

**Term Paper due, “On Doing A Fourth Step” (details below)**

*The story of your life is the story of a long and brutal assault on your heart by the One who knows what you could be and fears it.*

- John Eldredge

**Course Requirements**

Attendance is mandatory for all class days. Your final grade will be an average of the reflection papers due 2/12/13 and 4/09/13, journal article summary (due 2/16/12), attendance and sharing of experience at a 12-step meeting (due 4/02/13), term paper - “On Doing a Fourth Step” (due 5/14/13); class participation; reading texts for class; and sharing with the class your response to writing the term paper, “On Doing a fourth Step” (due 5/07/13 and 5/14/13). Missing class hours may result in the loss of a letter grade in the class.
Reading: Students are asked to read all required texts by the dates shown on the course schedule. Note there are two required tests as we as a recommended text. There is also a requirement to read one of the memoirs on addiction.

Class Presentation: Students will take a Step Four Personal Inventory (will be provided in class) and present to the class on 7/15/11 their understanding of addiction, treatment concerns, and treatment possibilities based on their own inventory. Plan to be in class all day on 7/15/11 and make travel plans accordingly.

Papers and Assignments

Due: 2/12/13 One-page, “Personal Assumptions” - a reflection paper addressing the personal assumptions about addiction (from class discussion, and read so far).

Due: 2/16/13 Oral or written summary of journal article in the field addressing Gender & Addiction. Students will provide journal article name and reference for all students.

Due: 4/02/13 Students will attend a twelve-step meeting and share their experience of the meeting with the class.

Due: 4/09/13 One-page paper, “The Land is Full of Idols” (Isaiah 2:8) on the unexpected addictions uncovered through this class.

Due: 5/14/13 11-14-page term paper, “On Doing a Fourth Step,” including your personal response to doing your own fourth step, and a course integration paper that demonstrates how the course lectures, readings, experiences, and discussions can be applied to the student’s life and work in helping people. Since this is a research paper, the student will cite a minimum of six sources. The student will share their response to the class on writing this paper in a 5 minute presentation, including their own understanding of addiction, treatment concerns, and treatment possibilities as applied to the student’s life and work in helping people. Class presentations will be due 5/07/13 and 5/14/13.

All papers will be in APA format (typed, double-spaced, 1” margins top and bottom and 1.25” margins left and right). The one-page reflection papers and journal summaries can be single-spaced.

No late papers accepted. No electronic papers.
Course Policies

1. Grading Policy:
   Class Participation  25%
   Reflection Papers, Journal Summary  25%
   Step Four Inventory and Presentation  50%

2. Grading Scale:
   A  94-100
   B  85-93
   C  76-84
   F  75 or below

Course Books:

Required:


Recommended:


Students will choose one of the following:

### Course Objectives Related to MAC Student Learning Outcomes

**Course:** Addictions - 02PSY592/01  
**Professor:** Sharon A. Hersh, M.A., LPC  
**Campus:** Orlando, FL  
**Date:** February 5, - May 15, 2013

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**MAC Student Learning Outcomes**  
In order to measure the success of the MAC curriculum, RTS has defined the following as the intended outcomes of the student learning process. Each course contributes to these overall outcomes. This rubric shows the contribution of this course to the MAC outcomes.  
*As the MDiv is the core degree at RTS, the MDiv rubric will be used in this syllabus.*

<table>
<thead>
<tr>
<th>Rubric</th>
<th>Mini-Justification</th>
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<tbody>
<tr>
<td>Strong</td>
<td></td>
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<tr>
<td>Moderate</td>
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<td>Minimal</td>
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<td>None</td>
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**Rubric**

- **Articulation (oral & written)**  
  Broadly understands and articulates knowledge, both oral and written, of essential biblical, theological, historical, and cultural/global information, including details, concepts, and frameworks.

  **Rubric:** Moderate  
  **Mini-Justification:** Student will articulate, through written work and classroom presentations an integrated Biblical, historical (both personal and in this field of teaching details, concepts and frameworks for addiction. The focus is primarily on Addictions within the United States.

- **Scripture**  
  Significant knowledge of the original meaning of Scripture. Also, the concepts for and skill to research further into the original meaning of Scripture and to apply Scripture to a variety of modern circumstances. (Includes appropriate use of original languages and hermeneutics; and integrates theological, historical, and cultural/global perspectives.)

  **Rubric:** Moderate  
  **Mini-Justification:** Student will study the original meaning of several classes and be asked to research further, applying Scripture to modern circumstances that have impacted the student’s life with regard to Addictions and that will impact the lives of those they care for.

- **Reformed Theology**  
  Significant knowledge of Reformed theology and practice, with emphasis on the Westminster Standards.

  **Rubric:** Moderate

- **Sanctification**  
  Demonstrates a love for the Triune God that aids the student’s sanctification.

  **Rubric:** Strong  
  **Mini-Justification:** Student will be asked to look at their personal life through the lens of Addiction in a way that offers the opportunity for further transformation and a call to sanctification.

- **Desire for Worldview**  
  Burning desire to conform all of life to the Word of God.

  **Rubric:** Strong  
  **Mini-Justification:** Every category of addiction and recovery from Addiction is viewed with a desire to encourage the student to conform to the Word of God and lead clients to do the same.

- **Winsomely**  
  Embraces a winsomely Reformed ethos. (Includes an appropriate ecumenical spirit with other Christians,

  **Rubric:** Strong  
  **Mini-Justification:** This class uses current film and
<table>
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<tr>
<th>Reformed</th>
<th>especially Evangelicals; a concern to present the Gospel in a God-honoring manner to non-Christians; and a truth-in-love attitude in disagreements.)</th>
<th>modern-day stories about those who have struggled with addiction and found redemption.</th>
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<tbody>
<tr>
<td>Preach</td>
<td>Ability to preach and teach the meaning of Scripture to both heart and mind with clarity and enthusiasm.</td>
<td>Moderate</td>
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<tr>
<td>Worship</td>
<td>Knowledgeable of historic and modern Christian-worship forms; and ability to construct and skill to lead a worship service.</td>
<td>Strong</td>
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<td>Shepherd</td>
<td>Ability to shepherd the local congregation: aiding in spiritual maturity; promoting use of gifts and callings; and encouraging a concern for non-Christians, both in America and worldwide.</td>
<td>Strong</td>
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<tr>
<td>Church/World</td>
<td>Ability to interact within a denominational context, within the broader worldwide church, and with significant public issues.</td>
<td>Strong</td>
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