PSY 516 – CAREER & LIFESTYLE DEVELOPMENT

Reformed Theological Seminary
Orlando Campus

INSTRUCTORS
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COURSE OBJECTIVES
1. Students will recognize and discuss the major career development theories and decision making model (CACREP Standard II.K.4.a).
2. Students will recognize and apply career, avocational, educational, occupational and labor market information resources, visual and print media, computer-based career information systems, and other electronic career information systems (CACREP Standard II.K.4.b).
3. Students will discuss career development program planning, organization, implementation, administration, and evaluation (CACREP Standard II.K.4.c).
4. Students will recognize and discuss the interrelationships among and between work, family, and other life roles and factors including the role of diversity and gender in career development (CACREP Standard II.K.4.d).
5. Students will recognize and discuss concepts in career and educational planning, placement, follow-up, and evaluation (CACREP II.K.4.e).
6. Students will demonstrate the use of assessment instruments and techniques that are relevant to career planning and decision-making (CACREP II.K.4.f).
7. Students will recognize and utilize technology-based career development applications and strategies, including computer-assisted guidance and information systems and appropriate world-wide web sites (CACREP II.K.4.g).
8. Students will discuss and analyze career counseling processes, techniques, and resources, including those applicable to specific population (CACREP II.K.4.h)
9. Students will recognize and discuss ethical and legal considerations as it relates to career development (CACREP Standard II.K.4.i).

REQUIRED TEXTS
Guiness, Os (1998) *The Call*

RECOMMENDED TEXTS (*On Reserve in the Library*)
Career Counseling
*Tiger, P.D. & Tieger, B.B., *Do What You Are, Discover the Perfect Career for You Through the Secrets of Personality Type*
**Resumes and Cover Letters**

*McKinney, Anne.  *Real Resumes for Social Work and Counseling Jobs: Including Real Resumes Used to Change Careers and Transfer Skills to Other Industries*

*Krannich, Ron, PhD and Carly PhD.  *Nail the Cover Letter: Great Tips for Creating Dynamite Cover Letters*

**Job-Search Process**

*Collison, Brook and Garfied, Nancy, eds.  *Careers in Counseling and Human Services.*

**REQUIREMENTS (Total Points for the Class – 200)**

Self-Assessments: Each student should complete the Strong Interest Inventory and Myers-Briggs Type Indicator on himself/herself prior to the first day of class.  COST: $50 per student.  Please see Jan Brubaker in the RTS Orlando Counseling Office about completion of these tests.

**Total Points 20**

Reflection Paper: This paper will involve watching the movie Good Will Hunting and reflecting on the various “career counselors” in the life of young Will Hunting.  This paper will be a minimum of 3 pages and a maximum of 5 pages in length utilizing APA format.

**Total Points 20**

Case Study: This assignment will examine your lifestyle and career plans.  A major part of this paper will be the results and interpretation of the career instruments used in class.  Discuss concerns, question, and issues related to why you have chosen this field and if the instruments support your decision.  This paper will be a minimum of 7 pages and a maximum of 10 pages in length, utilizing APA format.  You will present your findings to the class on the last day.

**Total Points: 70**

Calling and Direction Assessment:  Teams will be composed of one first year MAC students and one second year MAC student.  Each team will recruit an incoming MDIV student and perform a 4 session assessment of their calling incorporating their family history, culture, spirituality and personality.  This will involve administering the MBTI.  You will write up a short case study of your experience.

**Total Points: 70**

Resume and Cover Letter:  Students will be asked to put together a resume and cover letter for their ideal job description.  Students may find a job description on the Internet or newspaper or develop their own job description within a counseling, ministerial or human services setting.  Please include transferable skills from previous employment.

**Total Points: 20**

*Grades will be determined based on a 200 pt. scale*
Proposed Class Schedule

8:30 a.m. to 4:30 p.m. / Lunch 12:00 p.m. to 1:00 p.m.

Topical Agenda

- Monday, July 23, 2007
  - Introductions/Syllabus
  - Importance of Career Counseling
  - Party Game Exercise
  - Basic Models for Career Counseling
  - Typical clients Who Present Need for Career Counseling
  - Professional/Ethical Issues
  - Basic Tools for Career Counseling
  - Abilities
  - Interests
  - Personality
  - Values
  - Strong Interest Inventory

- Tuesday, July 24, 2007

- Wednesday, July 25th, 2007
  - Myers-Briggs Type Indicator
  - Work Values Scale
  - Integrating Values, Interests and Personality into career choice
  - Job-Search Strategies
    - Resume Writing
    - Cover Letters
    - Interviewing
    - Networking Skills
  - Putting It Together – Integration

- Thursday, July 26th, 2007

- Friday, July 27th, 2007
  - Presentations
  - Wrap-Up, Final Issues
  - Endings